

# THE COACHES

## COACHING FOR COURTS

### LISA MILBRATH

(5.0 CLUB RATING)

Philosophy/Coaches Statement

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*“Understanding the importance of fundamentals, foot work and body/court positioning. Being patient and staying on defense until you get to neutral and offense. Prolonging points and making the game more fun. Always have fun.”*

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FOCUS: 3.0+ Men and Ladies



### MARK CLARK

(5.0 CLUB RATING)

Philosophy/Coaches Statement

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*“All aspects of pickleball to include shot selection, execution, strategies, shot set-ups and advanced positioning.”*

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FOCUS: 3.5+; Groups of 2 or 4; Mixed, Men and Ladies



### SCOTTY JOHNSON

(5.0 CLUB RATING)

Philosophy/Coaches Statement

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*“Communicate with each other, respect each other, have fun with each other.”*

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FOCUS: 2.5 and above



### JILL LEWIS

(5.0 CLUB RATING)

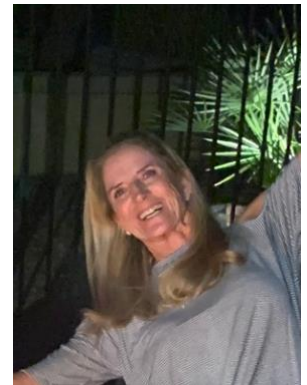
Philosophy/Coaches Statement

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*“Let’s learn the art of lobbing, overheads and not making the first error. Keep the ball in play!”*

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FOCUS: 3.0 – 4.0 Ladies



### HEIDI FARRELL

(5.0 CLUB RATING)

Philosophy/Coaches Statement

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*“I enjoy passing on what I have learned to other players.”*

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FOCUS: 3.5+

The Basics: Deep Serve, Deep Return, 3rd Shot Drop, Court Positioning, Doubles Strategies, Having Fun



### DALONNA COOPER

(5.0 CLUB RATING)

Philosophy/Coaches Statement

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*“Enhance the positive aspects of your game, talk some strategy for taking you to the next level, making fun along the way!”*

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FOCUS: 3.5+ Ladies



## MIKE CRABTREE

(4.5 CLUB RATING)  
IPTPA Certified,

FOCUS: 2.5 – 4.0



## RENEE DELASSUS

(4.5 CLUB RATING)

Philosophy/Coaches Statement

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*“Take a strategic approach while continuing to focus on fundamentals.”*

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FOCUS: 2.5 – 4.0



## RICK REED

(4.5 CLUB RATING)  
Former Ratings Chair

Philosophy/Coaches Statement

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*“Improve your pickleball game by developing proper technique and strategy.”*

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FOCUS: All levels



## TONY WELLS

(4.5 CLUB RATING)  
New Court Fundraising Chair

Philosophy/Coaches Statement

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*“The key to success is working on fundamentals, devoting more time to your weakest areas.”*

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FOCUS: 2.5 to 4.0.

Footwork, Body Technique, Court Awareness



## ANDREA DILGER

(4.5 CLUB RATING)

Philosophy/Coaches Statement

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*“Focus on basics like 3<sup>rd</sup> shot drops and dinking as well as power at the right times.”*

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FOCUS: 3.0 – 4.0 Men and Ladies



## MARK BUCKINGHAM

(4.5 CLUB RATING)

Philosophy/Coaches Statement

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*“Focus on dinking and third shot skills.”*

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FOCUS: 2.5 – 3.5



## BECKY COX

(4.5 CLUB RATING)

Philosophy/Coaches Statement

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*“Building a solid foundation  
leads to building  
a strong game.”*

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FOCUS: 2.5 – 3.0



## STEVE CAIN

(4.0 CLUB RATING)

Men's Round Robin Captain

Philosophy/Coaches Statement

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*“Learn the basic fundamentals  
and practice them over and over.  
Repetition will make you better.”*

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FOCUS: 2.5 – 3.5

Men and Ladies



## JONATHAN COLTER

(4.5 CLUB RATING)

Philosophy/Coaches Statement

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*“In addition to learning the  
various skills in pickleball, you  
will come to appreciate the growth  
and development that's possible  
to improve confidence and  
consistency in performance.”*

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FOCUS: 2.5 – 4.0

Men and Ladies

